



Hats & Her Community

The yes

7-Day Devotional for Spirit-Led Decision Making
Clarity. Conviction. Courage.
By Soraya Boggs



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The Power of Believe in Action

“Let your ‘Yes’ be yes, and your ‘No,’ no. Anything more than this comes from the evil one.”

— MATTHEW 5:37 (CSB)

Welcome Letter

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Dear Leader,

You were not created to lead from burnout, confusion, or constant striving. You were born to lead from a place of divine clarity, knowing precisely what deserves your yes and what must be lovingly released with a no.

But somewhere along the journey, many of us begin to say "yes" out of guilt, fear, pressure, or performance. We forget that our yes is a sacred and powerful agreement that opens doors in the spirit.

This 7-day devotional is an invitation to realign your heart with Heaven. To reset your inner compass. To remember that you lead best when you say yes to God first.

Let's begin this journey together.

– Soraya



DAY 1: THE NOISE BEFORE THE VOICE

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“Be still, and know that I am God.” — Psalm 46:10

Before God speaks, the enemy often tries to crowd our minds with noise—pressure, timelines, people's opinions, or false urgency. But divine decisions are rarely made in chaos. They're birthed in stillness. Silence isn't inactivity—it's an invitation.

God's voice is not rushed. He waits for the one who waits on Him.

- Where in my life have I allowed noise to drown out God's voice?

Prayer Declaration:

“Lord, I silence every voice that is not Yours. I welcome your presence and wisdom. Teach me to hear You clearly and consistently.”



faith

DAY 2: THE FEAR OF MISSING OUT

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"The Lord is my shepherd; I shall not want." — Psalm 23:1

So many of our "yeses" are driven by fear—not faith. We fear missing an opportunity, upsetting someone, or not being seen as capable. But when God leads, His direction brings peace, not pressure.

Saying "no" to what is good makes room for what is God.

- What have I said "yes" to recently, out of fear rather than faith?

Prayer Declaration:

"I lack nothing when You are leading me, Lord. I release the fear of missing out and trust that You are my portion and my pace."



faith

DAY 3: PEOPLE PLEASING VS. PURPOSE

"Am I now trying to win the approval of human beings, or of God?" — Galatians 1:10

People-pleasing will destroy your discernment. God did not call you to be liked; He called you to be aligned. Every leader must confront the temptation to serve applause instead of purpose.

When your yes is driven by pressure to maintain peace or image, you've already lost your authority.

- Whose approval am I secretly craving?

Prayer Declaration:

"God, I surrender my reputation and desire for approval. May my yes serve Your purpose, not people's preferences."

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The Language of Faith
prayer

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DAY 4: ALIGNMENT > ASSIGNMENT



"Seek first the Kingdom of God and His righteousness, and all these things will be added to you." —
Matthew 6:33

Before you chase the next opportunity, chase alignment. God doesn't bless movement; He blesses obedience. Your assignment flows from your alignment.

A "yes" without spiritual alignment can delay your destiny.

Is my current assignment flowing from intimacy with God—or from ambition?

Prayer Declaration:

"I pause to realign with Your heart, Father. Let my steps be ordered by Your voice, not my striving."

Obedience

Faith in Action

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DAY 5: DISAPPOINTING PEOPLE, OBEYING GOD

"We must obey God rather than men." — Acts 5:29

Obedience to God will sometimes look like rebellion to people. Not everyone will understand your yes to God—and that's okay.

You were never meant to carry everyone's expectations. You were meant to carry God's presence.

- What conversations or boundaries am I avoiding out of fear of disappointing someone?

Prayer Declaration:

"Give me the courage to obey even when it costs. I choose to be faithful to You over being comfortable with others."



Obedience demonstrates the genuineness of our faith

DAY 6: THE BLESSING OF A HOLY NO

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"Let your eyes look forward; fix your gaze straight ahead." — Proverbs 4:25

Saying "no" doesn't make you less faithful, it makes you more focused. A holy "no" is a weapon against distraction. When you stop trying to do everything, you give God room to do anything.

A sacred yes requires a surrendered no.

- What do I need to release to make room for what God is calling me to?

Prayer Declaration:

"I bless my boundaries. I honor my focus. I walk in wisdom and peace as I say no to what no longer belongs."



faith

faith

DAY 7: THE SURRENDERED YES

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"Not my will, but Yours be done." — Luke 22:42

The most powerful yes is not to a role, a relationship, or a dream—it's to the will of God. It is the surrendered yes: the kind that whispers, "I may not see the whole path, but I trust the One who is leading me."

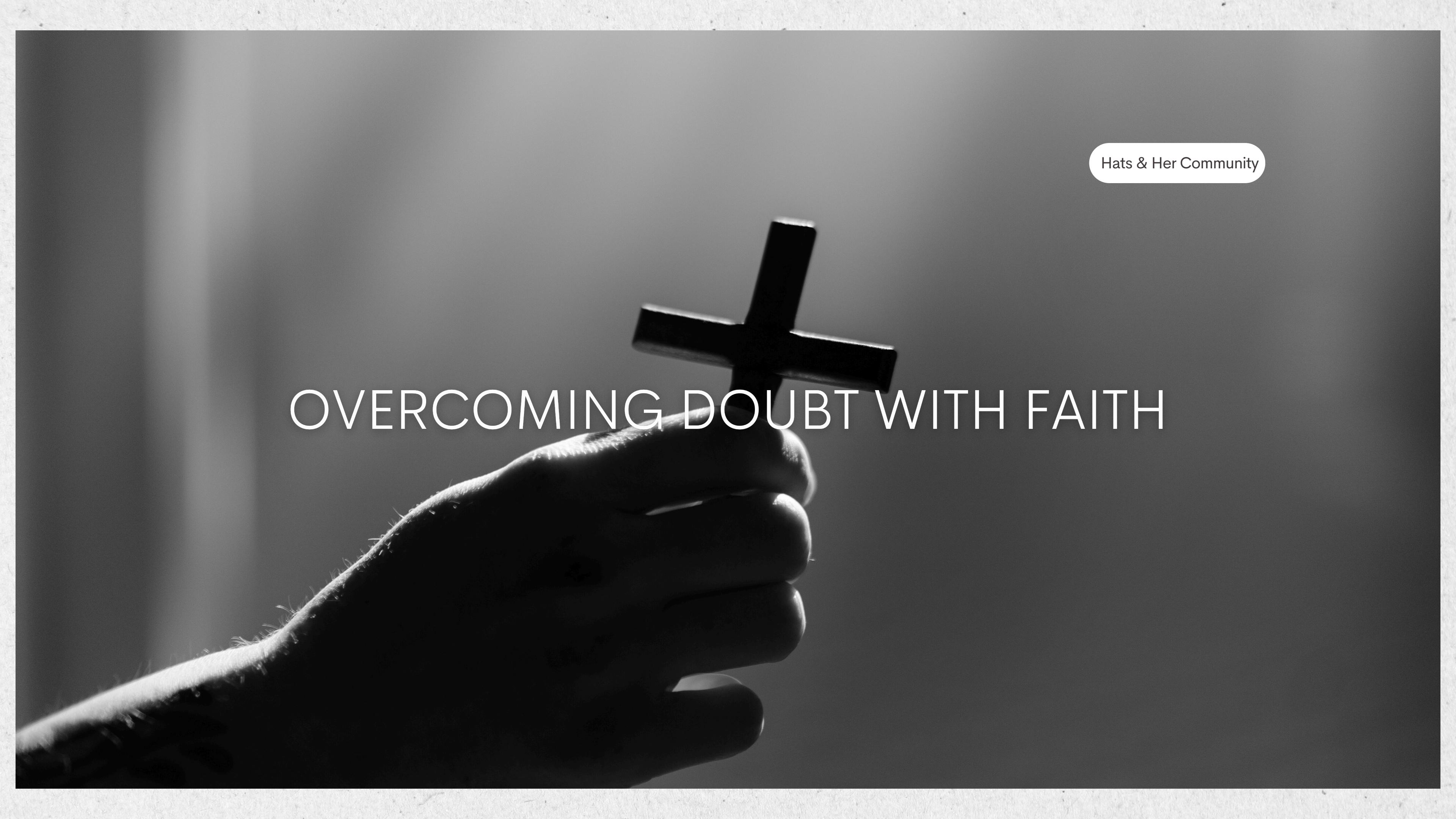
That yes moves Heaven—and aligns your life with divine purpose.

- Where is God inviting me to trust and obey today?

Prayer Declaration:

"Lord, I give You my full yes. I lay down every fear, every outcome, and every idol. Let my life echo Your will. I trust You completely."





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OVERCOMING DOUBT WITH FAITH

FINAL PRAYER: MY SACRED YES

My Covenant with God

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(Fill in the blanks or write your own below)

Father,

Today, I choose to return my "yes" to You.

I say yes to: _____

I say no to: _____

I release fear, pride, confusion, and pressure.

I receive clarity, boldness, and peace.

I trust that what you start, you will finish.

I walk forward fully surrendered, fully aligned, and fully alive.

In Jesus' name,

Amen.



Spreading the Light

About Soraya Boggs

Faith-based leader, Florida real estate professional, Honduras attorney, and mentor for purpose-driven women navigating life, business, and calling with clarity and courage.

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